

Alumier<sup>MD</sup>

# Real Patients, Real Results

ACNE, REDNESS AND PIGMENTATION



BEFORE

AFTER

Photographs taken on mobile phone

Alumier<sup>MD</sup>

#RealPatients #RealResults



**PATIENT PROFILE**

**GENDER**  
Female

**AGE**  
29

**JOB**  
Airline Stewardess

**SKIN TYPE**  
Dehydrated

**SKIN CONDITION CONCERNS**  
Acne, Redness & Pigmentation

**PATIENT FOCUS**  
Results

**GOAL**  
Clear Skin for Wedding in 12 months

**PROFESSIONAL TREATMENT PLAN**



**ADJUNCTIVE HOMECARE TREATMENT REGIMEN**



**MORNING ROUTINE**

- Acne Clarifying Cleanser
- Calm-R
- Acne Balancing Serum
- Clear Shield Broad Spectrum Sunscreen SPF 42



**EVENING ROUTINE**

- Acne Clarifying Cleanser
- Retinol Resurfacing Serum 0.25
- Calm-R
- Acne Balancing Serum
- HydraLight Moisturiser



**POST TREATMENT ROUTINE**

*(used for 3 days post Radiant treatment and 7 days post Glow Peel)*

- SensiCalm Cleanser
- Recovery Balm
- Sheer Hydration Broad Spectrum Sunscreen Untinted SPF 40

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